

# FOR TEAMS WORKING WITH SCI REHABILITATION



## Facts

- For interprofessional teams of preferably 4–5 members with at least 2 years of SCI experience each
- Second cycle, 7,5 credits, which equal 5 weeks of full time studies
- Problem-based learning applicable to the unit's day-to-day work
- Start-up and finishing days in Gothenburg
- Online tutoring and seminars
- Nordic network of colleagues

## Course council

- Wolfram Antepohl, Consultant physician and PhD
- Berit Brurok, Physiotherapist and PhD
- Line Trine Dalsgaard, Specialist nurse and MSc
- Anestis Divanoglou, Physiotherapist and PhD
- Wiebke Höfers, Physiotherapist and PhD
- Hanna Persson, Senior physiotherapist and PhD
- Randi Steensgaard, Specialist nurse and PhD
- Katharina Stibrant Sunnerhagen, Consultant physician and Professor
- Johanna Wangdell, Occupational therapist and PhD

NASCIR is a contract course offered by the Institution for Neuroscience and Physiology, University of Gothenburg, in collaboration with the Gothenburg Competence Centre for Spinal Cord Injury and the Neurology Development Unit at Sahlgrenska University Hospital, as well as the Nordic Spinal Cord Injury Society, NoSCoS.



## INFO AND TEAM APPLICATION

Do you want to enroll an experienced team of 4–5 members from your unit?

**Last day to apply is 30 November**

Find the application form and more information on our website!

[neurophys.gu.se/unp](http://neurophys.gu.se/unp)

Contact us for more information!

uppdagsutbildning@neuro.gu.se

# NASCIR

Nordic Advanced Spinal  
Cord Injury Rehabilitation

Enroll your team now!  
The course starts January 17, 2022  
for the second time

# REACH BEYOND – EVOLVE YOUR TEAM

NASCIR is a course for experienced interprofessional teams working with spinal cord injury rehabilitation in the Nordic countries. Each team gets a tutor, who guides them through the intense learning journey the team as well as the individual are on!

## Case work – set personal and team goals

The course offers three comprehensive cases – and the problem-based learning method lets you and the team choose what to focus on – both individually and as a team. You could for example choose to develop your own professional skills, or widen your skillset by learning more about what other team members do and why. Or something else entirely!

## Improvement project – new eyes on known issues

Teams pair up, and present each other with a process or issue from their unit which they see a need to improve. They then proceed to improve the partner team's issue.

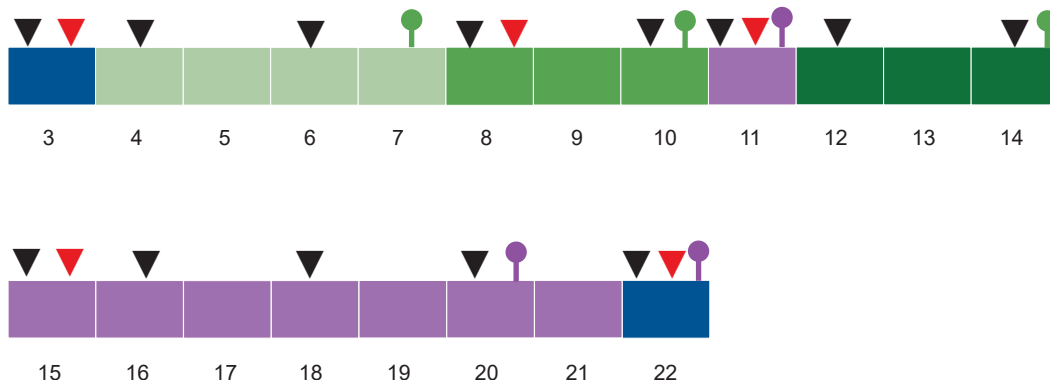
This way, every team get to know a unit and a team outside their own context, and each team get a limited issue to work on – and a solution of their own.

The teams are strongly encouraged to visit each other, but it's not mandatory.



## Problem-based learning (PBL) – three cases, one ethical reflection and one improvement project

January–June 2022 (weeks below)



- Learning activity**
- On-campus days in Gothenburg
  - Case 1
  - Case 2
  - Case 3
  - Improvement work
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- Task**
- Case report and individual portfolio
  - Improvement work: description, report and presentation
  - ▼ Team meeting\*, some with tutor or partnerteam (online)
  - ▼ Intraprofessional networking meetings (online)
- Online lecture(s) might be added*

\* Each team is responsible for arranging their own meetings.